

Heartsaver (CPR) and Automated External Defibrillation (AED)

The Heartsaver Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillation (AED) course contains up-to-date content and science from the 2010 Guidelines for CPR and ECC. The purpose is to teach lay rescuers the lifesaving skills of cardiopulmonary resuscitation (CPR) and relief of choking in adults, children and infants, as well as how to use an automated external defibrillator (AED) with both adults and children. (Training in infant and child CPR and choking relief are optional.)

Who Is Eligible To Take This Course?

This course is intended for the general public.

What Will You Learn?

- CPR and AED for adults
- How to help a choking adult
- CPR and AED for children
- How to help a choking child
- CPR and AED for infants
- How to help a choking infant

Approximate Course Length: 4 Hours

To receive a Heartsaver CPR & AED course completion card, students must pass a skills test.